



Saturday, March 16, 2019 • Renton, WA • 8:30AM • 6 CE Credits

## The Opioid Crisis: At the Intersection of Human Health and Veterinary Medicine

Between 1999 and 2017, almost 500,000 people died from an opioid overdose, both prescription and illicit. In 2014, it was reported that there were approximately 150% more opioid overdose deaths than deaths from motor vehicle crashes. On average, we are now seeing 50,000 opioid deaths per year. Approximately 40% of these deaths involve a prescription opioid, not illicit drugs. We are losing more than 140 Americans per day to overdoses and millions more are struggling with opioid addiction. In 2017, Health and Human Services declared a public health emergency and announced a 5-Point Strategy to combat this crisis.

The human opioid crisis has clearly impacted veterinary medicine including drug shortages and the need for alternative methods to address pain, drug seeking pet owners, and opioid abuse among team members. In addition to providing humane care for animal patients, veterinarians have a role to play in combatting the abuse and misuse of pain medications.

### Here are the burning questions we'll address:

- » What is the history of the **opioid crisis** and how does it affect veterinarians' prescribing ability?
- » As a veterinarian, how do I **report** opioid prescriptions?
- » How is the **human medical** world approaching this problem?
- » Should we treat **chronic pain** with opioid drugs?
- » Is that a **concerned pet owner** or a drug seeker with a fishy story?
- » When is the goal of **reducing pain** for veterinary patients causing too many other medical problems?
- » Am I following **DEA regulations** appropriately?
- » Are there **alternatives** to opioid drugs?

## About VetMed Matters

### WHAT'S IT ALL ABOUT? WHY SHOULD I ATTEND?

The VetMed Matters Conference is a meeting where we tackle important subjects that span across practice types and look at emerging issues affecting the veterinary profession. We carefully select the speakers and thought leaders, inviting the best and brightest to share their knowledge, insight, and expertise with our members. Six hours of continuing education are offered.

Another reason to participate is that you have direct access to WSVMA leadership and issues. The Board of Directors will meet at the conclusion of the meeting. Bringing members and leadership together, you can help guide WSVMA, generating ideas that direct our continuing education offerings, shape our position on legislative and regulatory issues, and lead to task forces or work groups for specific issues we decide to pursue.

8:30-9:30am

**Seattle-King County's Community Response to the Opioid Epidemic**

Brad Finegood, Seattle King County Public Health

King County, like many places across the country, has seen significant increases in the use and abuse of heroin and prescription opiates over the past decade. The rate of addiction is high and availability of treatment and services has struggled to keep pace with the need. Our speaker is going share "Seattle-King County's Community Response to the Opioid Epidemic." We will learn how the epidemic has changed over time and how we are confronting the region's growing heroin and opioid epidemic.

9:30-10:20am

**DEA Regulations and Diversion Drug Trends**

Ricardo Quintero, Drug Enforcement Agency Representative

In this session, Mr. Quintero will describe the scope of the prescription drug abuse problem in the United States and discuss ways that prescription-controlled substances are being diverted from the pharmaceutical supply chain. He'll identify areas where U.S. Drug Enforcement Administration, local law enforcement, and medical professionals can work together to curb prescription drug abuse. An overview of DEA regulations for veterinarians will also be covered.

10:20-10:30am

**Break**

10:30-11:00am

**Overview of WA's Prescription Monitoring Program**

Gary Garrety, WA State Dept of Health Prescription Monitoring Program

Requirements for veterinarians in reporting dispensed controlled drugs to the Prescription Monitoring System (PMP) will be covered as well as how the PMP is used to curb the opioid crisis.

11:00am-12:00pm

**Why Are We Opioid-Depending for Patient Analgesia? Why Other Options Might Be Better**

Tamara Grubb, DVM, PhD, DACVA

Pain is a multidimensional and complex sensation with many sources, only some of which are adequately controlled by opioids. Other analgesic drugs, especially anti-inflammatory drugs and local anesthetics, are often more specific, thus more efficacious. The discussion will focus on scientific evidence and standard plus novel uses for analgesic drugs with the goal of reducing opioid dependence, but not eliminating opioids.

12:00-12:15pm

**WSVMA Board of Directors Informational Session**

12:15-1:00pm

**Lunch**

1:00-1:55pm

**Chronic Pain: What Are the Recommendations?**

Lisa Parshley, DVM, PhD, DACVIM

For years we have viewed all pain as different versions of one process. As such we have tended to use the same medical tools for both acute and chronic pain. Recent information and research have helped clarify not only the differences in these processes but how they should also be treated. Essentially, chronic pain is a separate process and should be treated differently than acute pain including in medical therapies. During this hour we will explore the new information on chronic pain and the recommended medical protocols to treat chronic pain.

2:00-2:55pm

**Trends in Management of Chronic Pain and Addiction in Human Medicine**

Lucinda Grande, MD

The presentation will address the history and epidemiology of the opioid epidemic, the advent of legislative, regulatory and insurance restrictions on prescribing, the response of medical professionals to these restrictions, the coinciding rapid growth in use of illicit opioids, and promising strategies for treatment of pain and/or addiction. Implications for veterinarians will be explored.

2:55-3:05pm

**Break**

3:05-3:15pm

**Updates on Potential Opioid Legislation and Regulations**

Lisa Parshley, DVM, PhD, DACVIM

Hear about Opioid Legislation in the 2019 Legislative Session, and possible new opioid regs from Pharmacy Commission.

3:15-4:00pm

**Panel Discussion**

Moderator: Lisa Parshley, DVM, PhD, DACVIM

The program will conclude with a round table where these topics can be discussed with the audience and specific questions can be posed to the panel of experts.

4:00-5:00pm

**WSVMA Board of Directors Meeting**

Stay after the program and listen to the Board of Directors make decisions on the work of the Association.

**Brad Finegood, Seattle King County Public Health**

Brad Finegood is a Strategic Advisor in Public Health Seattle – King County. He recently served as a co-chair of the King County Heroin and Prescription Opiate Task Force and was the Alcohol and Drug Coordinator for King County. He received his Bachelor's Degree from Michigan State University and his Master's Degree in Community Agency Counseling with a Specialty in Alcohol and Drug Abuse from Western Michigan University. He has worked in the behavioral health field for 20 years and has provided direct service in multiple modalities including prevention, outpatient, residential and Medication Assisted Treatment, both in institutions and the community. Most importantly he is the survivor of a younger sibling that passed away of an overdose.

**Ricardo Quintero, DEA**

Ricardo Quintero is a Diversion Program Manager with the Drug Enforcement Administration assigned to the Seattle, Washington Field Division. In 1999, Mr. Quintero began his career as a Diversion Investigator with DEA in Denver, Colorado. In 2013, Mr. Quintero transferred to the Seattle Field Division as the Diversion Group Supervisor, and subsequently promoted to the Diversion Program Manager (DPM) Position. Prior to working with DEA, Mr. Quintero was with the U.S. Border Patrol in the southwest border area of New Mexico and Texas.

**Gary Garrety, WA State Dept. of Health PMP**

Gary Garrety is the Operations Manager for the Prescription Monitoring Program at the Washington State Department of Health. In his ten years of government service for the state of Washington he's worked to support health professionals struggling with substance misuse issues often into recovery. Gary has overseen operations for the Washington State Department of Health's Prescription Monitoring Program since 2014. He currently serves executive roles for two national committees focused on interstate standards based PMP data exchange.

**Tamara Grubb, DVM, PhD, DACVA**

Dr. Tamara Grubb is a board certified veterinary anesthesiologist with a strong clinical interest and research focus in pain management. She is an anesthesia/analgesia consultant in both small and large animal practices, a certified acupuncturist, a member of the International Academy of Veterinary Pain Management, a RACE-approved CE provider and an Adjunct Professor of Veterinary Anesthesia & Analgesia at Washington State University. Dr. Grubb's favorite achievement is winning the Carl J. Norden Distinguished Teaching Award, which has been awarded to her from students at two universities.

**Lucinda Grande, MD**

Dr. Grande is a family physician with a special interest in chronic pain and addiction. She incorporates sublingual ketamine, buprenorphine, and traditional opioids among her tools for managing chronic pain in her primary care practice, and served on the advisory committee for the 2015 Washington State AMDG Opioid Guidelines update. She prescribes buprenorphine for opioid use disorder, advocates for access to medications for addiction treatment in jails and hospitals at the state and national level, and led development of the recently opened low-barrier Olympia Bupe Clinic. Dr. Grande's medical degree is from the University of Washington School of Medicine.

**Lisa Parshley, DVM, PhD, DACVIM**

Dr. Parshley currently works at and co-owns the Olympia Veterinary Cancer Center. Dr. Parshley earned a PhD in biochemistry from Oregon Health Sciences University. In 2003, she received a DVM from Colorado State University. She completed a medical oncology residency at Michigan State University and has become a diplomate of the American College of Veterinary Internal Medicine (oncology). Dr. Parshley also has extensive experience in emergency medicine, critical care, and palliative medicine.

**Location**

Renton Technical College  
Building C, RM 101  
3000 NE 4th St.  
Renton, WA 98056  
\*Registration opens at 8:00am

**Pricing**

*On or Before Mar. 9*

*After Mar. 9*

Veterinarian (WSVMA)	<input type="checkbox"/> \$129	<input type="checkbox"/> \$169
Veterinarian Non-member	<input type="checkbox"/> \$169	<input type="checkbox"/> \$209
Managers, Technicians & Staff	<input type="checkbox"/> \$109	<input type="checkbox"/> \$149

**Special Dietary Requirements**

Vegetarian  Vegan  Gluten Free

**CE Credits**

6 hours available  
*The WSVMA is an approved source of Continuing Education in the State of Washington for veterinarians and technicians. This course has been approved for CVPMP credit by the Veterinarian Hospital Managers Association.*

**What's included**

Included in your registration are coffee breaks, box lunch, and parking. Registrations are taken on a first come-first served basis and space is limited.

**Refund/Cancellation Policy**

Cancellations received by March 9 will have \$10 deducted for processing fees. There will be no refunds for no-shows who have not notified the WSVMA by March 9.

**Who Should Attend**

Veterinarians and all members of the veterinary practice team.

**Contact Information** (Please Print Legibly)

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email (required) \_\_\_\_\_  WSVMA Member

**Payment Information**

**Total Amount \$** \_\_\_\_\_  Check  Visa  MasterCard  American Express

Card number \_\_\_\_\_ Expiration \_\_\_\_\_ CVC Code \_\_\_\_\_

Billing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_